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Basic/Intermediate Handgun, Personal & Home Defense Course Outline

Welcome to Blue Mesa Shooting Academy & our "Basic Pistol and Personal Defense Class." A carefully developed shooting course consisting of practical pistol shooting theory & practice, this class is designed for beginning & intermediate students. Every effort is made to provide a comfortable learning environment & experience for everyone, especially ladies. It is fun, informative and practical. Colorado gun laws, self defense tactics, awareness, preparedness & home defense are covered. We also cover such topics as shooting techniques, skill, firearm presentation, and carry options, but, and just as important, we will spend a significant amount of time on when to shoot and when not to shoot. The class will consist of approximately 30 hours of training, & will be enjoyable and informative, but strict emphasis will be placed on safety at all times. Class tuition is \$225. per student. Course completion exceeds training requirements for your CCW permit, This course consisting of 30 hours of training.

Four very important gun rules which we subscribe to very religiously and will follow to the letter are:

- 1. Always treat all guns as if they are loaded.
- 2. Never point a gun at anything you are not willing to destroy.
- 3. Keep your finger off the trigger until ready to shoot.
- 4. Always be certain of your target.

All firearms are to be brought to class unloaded. No live ammo is allowed in the class room. Classes will run approximately $2\frac{1}{2}$ hours each and will meet one night per week for a total of 8 weeks. There will be 3 range sessions (normally on weekends) lasting for 2 to 3 hours each, with the final range class concluding in a night shoot. Students will need to supply their own firearm, holster, (loaners ae available), gun belt, additional magazines (or speed loaders), and ammunition. We can special order tactical flashlights, at reasonable prices.

Topics to be covered & tentative schedule

Session 1

Introductions and orientation.
Discussion of "Predators"
Introduction to mind set.
General Discussion of Various CCW Topics
Weapon storage

Session 2

Mind set discussions (additional)—Introduction to color code awareness system Video "Jeff Cooper color code awareness system"—Discussion Introduction to drawing techniques (1,2,3,4,5 Presentation)—Use of Front Sight —Trigger Control

Session 3

Review and elaboration of color code system Video "Principles of Home Defense" Discussion of various gun types, sizes & calibers, for different uses, concerns and requirements. Single action vs. double action firearms. **Pistol**

Revolver - use only in double action mode for self defense

Discussion of various modern materials used in gun manufacture - blued steel, stainless steel, aluminum, polymer, titanium & scandium

Trigger control — Front Sight—Press Check—Draw Practice

Session 4

Discussion of various types of holsters, (cross draw, strong side, sob [small of back] etc.) different materials - leather, horsehide, sharkskin, snakeskin, & cant vs. straight. Custom, (stronger/more expensive) re-enforced top, color (black, brown, tan) - choose as carefully as your gun

Discussion "Revert to training"

Emphasis on using front sight & sight alignment

Discussion of difference between "cover and, concealment"

Action vs. Reaction

Draw practice

Session 5

Discussion of different bullet types for different requirements or Objectives
Some hollow points tend to clog up on clothing and do not expand properly
Examination of various bullet types
Trigger control & practice
Double taps/hammers
Malfunction Clearing — Tap, Rack, Bang - Jams - Stovepipe clearing—Limp Wristing
Draw practice

Session 6

Proper use of flashlights
Tactical reloading & Speed reloading
Revolver reloading (Normal & using speed loaders)
Discussion of "letting gun run dry"
Shooting from kneeling positions & from prone positions Draw Practice
Rotate Shooting 45 Degrees Left & Right—180 Degree
Discussion of differences between N.D. & A.D.
Discussion of various hostage situations - Shoot — don't shoot — scenarios
Video Review

Session 7

CHP class. This might very well be descried as the heart of the course. It will run a about 2½ hours. We will provide handouts & have an extensive discussion of two video presentations. Several different shoot/no shoot scenarios will be discussed. Colorado CCW laws will be covered.

Session 8

Range Class 1

We run a hot range. Magazines may be loaded at this point, but no rounds are to be chambered without direct supervision of instructors or designated assistants. Revolvers are to remain unloaded until instructed otherwise. Emphasis on gun safety and safe handling techniques will be strictly enforced. Exercises will consist of the following:

3 yard line

Draw and fire accurately one or two rounds at a time as per instructions. Whistle will designate the "go signal" This will be repeated several times.

7 yard line

Same as above

Engage multiple targets

Discussion of any problems & concerns. Accuracy, not speed is the objective of this session/exercise.

Range Class 2

Safety concerns same as for session 1. Exercises will be as follows:

7 yard line

Draw and fire accurately as directed Tactical & speed reloads 90 degree turns, right & left 180 degree turns

Failure Drills Practice

15 yard line

Draw and fire accurately as directed Shooting from kneeling position

Begin placing more emphasis on speed while maintaining accuracy

Repeat above exercises & practice

Practice double taps / accelerated pairs / hammers

Failure Drills Practice

Range Class 3

Introduction to "Real Life Tactical Shooting"

Meet in afternoon at classroom for Gun cleaning demonstration, and student "hands on practice." Move to range

Review & practice all the above shooting exercises

Clearing techniques

Introduction to "Shooting W/ Movement" Four Direction Movement & Diagonal Movement.

Introduction to movement (foward, backward & diagonal)

Introduction to shooting from cover and concealment

Night shoot using flashlights & movement

MISSED CLASSES

We realize that life sometimes gets in the way of our special interests and occasionally one may encounter a conflict & have to miss class. However, our fee schedule is based on a reasonable return for time invested. Therefor, we allow one missed class at no charge. After that a make up fee of \$25.00 per student for each missed class will be assessed. Any missed classes must be made up prior to receiving a certificate of completion.

Definitions

Tactics - any maneuver or adroit management to gain an objective

Tactics short definition - CHEAT

Adroit synonyms - skillful, expert, practiced, able, clever, adept, competent, or accomplished

IWB - Type of holster (Inside waistband)

SOB - Type of holster (Small of Back)

Cover - Hidden from view using something that will stop a bullet E.G. Rock, tree, etc.

Concealment - Hidden from view using something that *will not* stop a bullet E.G. Grass

Misfire - Cartridge does not fire after primer is struck by the firing pin.

Hangfire - a perceptible delay in the ignition of a cartridge after primer has been struck by the firing pin

Squib load - less than normal pressure or bullet velocity after ignition of the cartridge.

Compliant - doing exactly as instructed (ordered)

"Laws that forbid the carrying of arms...disarm only those who are neither inclined nor determined to commit crimes...Such laws make things worse for the assaulted and better for the assailants; they serve rather to encourage than to prevent homicides, for an unarmed man may be attacked with greater confidence than an armed man."

Thomas Jefferson